

## Using the Tilt Levers on the Aeron Chair



*Left side of chair*

Front Lever	Back Lever	Results
Down	Up	<b>Keeps seat flat</b> and locks the back up and straight
Up	Up	<b>Tilts seat forward</b> (The front is lower than the back of the seat.) <ul style="list-style-type: none"> <li>• <b>Start with both levers DOWN</b></li> <li>• Lean back</li> <li>• Pull front lever UP while leaning back</li> <li>• Lean forward - once it clicks into place lift back lever up to lock</li> </ul>
Down	Down	<b>Seat &amp; back lean back</b> Use tension knob on the right side of the chair to increase or decrease "bounce"
Up	Down	<b>Seat will lean back and forward</b> (Rocking Chair) Use tension knob on the right side of the chair to increase or decrease "bounce"