



What is Ergonomics?

Ergonomics is an applied science concerned with designing and arranging things people use so they interact more efficiently and safely.

Under the State of Utah General Duty Clause:

- (1) Each employer must:
 - furnish a workplace that is free from recognized hazards that are causing or are likely to cause death or serious physical harm to its employees.
- (2) Each employee must:
 - comply with occupational safety and health standards and the rules and orders.

Risk Management Ergonomics Program Goals:

- To reduce exposure to ergonomic risk factors, accidents and losses.
- To increase knowledge of ergonomics practices.
- To enhance employee's comfort and safety in their work places.
- To reduce workers compensation claims costs.

Ergonomics Program – Interactive Process:

